

Make Fresno State a smoke free campus

CURRENT CHALLENGE:

We have populations on campus that are sensitive to second hand smoke, including children, high school students, and individuals with allergies, asthma, or pulmonary diseases. Some may have fits of coughs and others may experience more severe or chronic symptoms that can affect their work or schooling.

PROPOSED SOLUTION:

In order to promote environmental health and well-being for students, staff, faculty, and children on campus, Fresno State could become smoke free. The university would create a new culture beginning with incoming freshmen and current employees where everyone can come to campus to work and study without worrying about second hand smoke. Cessation assistance in coordination with the Student Health and Counseling Center and Learning Wellness Office could be available for students and employees to take the first step in leading a healthier lifestyle and to help participants sustain this lifestyle.

BENEFITS TO FRESNO STATE:

Many people in the Central Valley and on campus suffer from allergies, asthma, and other lung conditions. Fresno State would show its staff and students how much it cares about our well-being and be recognized in leading the effort to promote wellness for its students, employees, children, and visitors on campus and in the community. The university would also be joining the revolution to go green and promote environmental health.

ADDITIONAL INFORMATION:

According to a source online, there are at least 1,475 100% smoke free campuses as of January 1, 2016. Many of these campuses are tobacco free, and some have also banned e-cigarettes. It would be wonderful if Fresno State could join this green revolution.