

Intellectual Wellness is critical in engaging our campus community in the mindset of innovation. This ability allows us to open our minds to new ideas and experiences that can be applied to personal decisions, group interaction and community betterment. The desire to learn new concepts, improve skills and seek challenges in pursuit of lifelong learning contributes to our Intellectual Wellness.

- I am open to new ideas
- I seek personal growth by learning new skills
- I search for lifelong learning opportunities and stimulating mental activities
- I look for ways to use creativity
- I look for ways to help the campus



Programs in this Dimension

	<i>LEAD</i>	Workshops (Technology Development, Navigating Through Fresno State)
	<i>REAL</i>	Workshops, Collaborative Project
	<i>STAR</i>	Workshops, Information Exchange
	<i>DOSA</i>	Professional Development Conference
	<i>TILT</i>	Workshops