

**CERTIFICATION OF HEALTH CARE PROVIDER FOR FAMILY MEMBER**  
**Family and Medical Leave Act of 1993 (FMLA)/California Family Rights Act of 1993 (CFRA)**

Please complete this confidential form and return it to:  
Human Resources  
5150 N Maple Ave M/S JA71 Fresno, CA 93740-8026  
Phone: 559 278-2032 Fax: 559 278-4275

Employee Name: \_\_\_\_\_ HR Contact: \_\_\_\_\_  
(PRINT NAME) (NAME)

Name of family member for whom you will provide care: \_\_\_\_\_

Relationship of family member to you: \_\_\_\_\_

If family member is your son or daughter, date of birth: \_\_\_\_\_

Describe care you will provide to your family member and estimate leave needed to provide care:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For Completion by the Health Care Provider**

**Instructions to the Health Care Provider:** Our employee has requested a medical leave under the FMLA/CFRA to care for your patient (employee's eligible family member). Please answer, fully and completely all applicable parts on the next page. Several questions seek a response as to the frequency or duration of a condition, treatment, etc.

Your answer should be your best estimate based upon your medical knowledge, experience, and examination of the patient. **Be as specific as you can; terms such as "lifetime," "unknown," or "indeterminate" are not sufficient to determine FMLA/CFRA coverage.** Limit your responses to the condition for which the employee is seeking leave.

Note: the health care provider is not to disclose the underlying diagnosis without the consent of the patient. In addition, the **Genetic Information Nondiscrimination Act of 2008 (GINA)** prohibits employers and other entities covered by GINA title ii from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "**genetic information**" as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.

*(Complete reverse side)*

**NOTE: THE HEALTH CARE PROVIDER IS NOT TO DISCLOSE THE UNDERLYING DIAGNOSIS WITHOUT THE CONSENT OF THE PATIENT.**

Please refer to **Page 3** for the definition of "**serious health condition**" under both the federal Family and Medical Leave Act (FMLA) and the California Family Rights Act (CFRA).

**Does the patient's condition qualify under any of the categories described? If so, please check the appropriate category. (1)\_\_\_\_ (2)\_\_\_\_ (3)\_\_\_\_ (4)\_\_\_\_ (5)\_\_\_\_ (6)\_\_\_\_**

- 1) Date medical condition or need for treatment commenced: \_\_\_\_\_
- 2) **NEEDS OF PATIENT:** Does or will the patient require medical assistance for basic medical, hygiene, nutritional needs, safety or transportation?       Yes       No
- 3) **PARTICIPATION IN PROGRAM:** After reviewing the employee's signed statement, does the condition warrant the participation of the employee? If so, please explain the care needed by the patient. (This may include transporting to doctor appointments, treatments, physical therapy, psychological comfort and/or arranging for third-party care for the family member.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 4) Is it medically necessary for this employee to be off work to care for patient?  
 No or  Yes

- 5) **REQUIRED:** PERIODS OF TIME CARE SHOULD BE PROVIDED: Based on the patient's medical history and your knowledge of the medical condition, estimate the period of time care is needed or during which the employee's presence would be beneficial

**Off full-time for the period of** \_\_\_\_\_ to \_\_\_\_\_

Comments: \_\_\_\_\_

**Intermittently for the period of** \_\_\_\_\_ to \_\_\_\_\_

Estimate how often the patient's incapacity will require the employee to care for them (Frequency) and how long each episode of patient incapacity will last (Duration).

**(For example: Frequency = 1-2 times per 2 weeks, Duration = 2-3 hours)**

\* **Frequency:** \_\_\_\_\_ times per \_\_\_\_\_ week(s); per \_\_\_\_\_ month(s); or "Other": \_\_\_\_\_

\* **Duration:** \_\_\_\_\_ hours or \_\_\_\_\_ day(s)

Comments: \_\_\_\_\_

**Work on a reduce work schedule for the period of** \_\_\_\_\_ to \_\_\_\_\_

Reduce hours from \_\_\_\_\_ to \_\_\_\_\_ hours on: M T W TH F Sat Sun

Comments: \_\_\_\_\_

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**PHYSICIAN INFORMATION:**

Signature of Health Care Provider: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name of Health Care Provider \_\_\_\_\_ Phone Number: \_\_\_\_\_

Business address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Type of Practice/Medical Specialty \_\_\_\_\_ Fax Number: \_\_\_\_\_

## DEFINITION OF SERIOUS HEALTH CONDITION

A “*Serious Health Condition*” means an illness, injury, impairment, or physical or mental condition that involves one of the following:

### 1) Hospital Care

Inpatient care (i.e., an overnight stay) in a hospital, hospice, or residential medical care facility, including any period of incapacity or subsequent treatment in connection with or consequent to such inpatient care.

### 2) Absence Plus Treatment

(a) A period of incapacity of more than three consecutive calendar days (including any subsequent treatment or period of incapacity relating to the same condition), that also involves:

- (1) Treatment two or more times by a health care provider, by a nurse or physician's assistant under direct supervision of a health care provider, or by a provider of health care services (e.g., physical therapist) under orders of, or on referral by, a health care provider; or
- (2) Treatment by a health care provider on at least one occasion which results in a regimen of continuing treatment under the supervision of the health care provider.

**3) Pregnancy** [NOTE: An employee's own incapacity due to pregnancy is covered as a serious health condition under FMLA but not under CFRA.] Any period of incapacity due to pregnancy, or for prenatal care.

### 4) Chronic Conditions Requiring Treatment

A chronic condition which:

- (1) Requires periodic visits for treatment by a health care provider, or by a nurse or physician's assistant under direct supervision of a health care provider;
- (2) Continues over an extended period of time (including recurring episodes of a single underlying condition); and
- (3) May cause episodic rather than a continuing period of incapacity (e.g., asthma, diabetes, epilepsy, etc.).

### 5) Permanent/Long-term Conditions Requiring Supervision

A period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. Examples include Alzheimer's, a severe stroke, or the terminal stages of a disease.

### 6) Multiple Treatments (Non-Chronic Conditions)

Any period of absence to receive multiple treatments (including any period of recovery there from) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment, such as cancer (chemotherapy, radiation, etc.) severe arthritis (physical therapy), kidney disease (dialysis).