

Sexual Health at Fresno State:

A Unique Partnership with a Community Based Organization

In 2017, Fresno State received a grant from the Central Valley Community Foundation to contract with Fresno Barrios Unidos to provide Comprehensive Sex Education to students on campus.

Results!

- Created the KISS Peer Health Education Program
- 2,000 students reached through interactive activities on campus
- 1,039 students reached through presentations in their classrooms
- 116 students received confidential, one-on-one birth control and sexually transmitted infection education by a FBU Health Educator at the SHCC
- 700 students received FREE chlamydia testing (8% of students tested positive)
- Decreased provider time spent on sexual health education which allowed them to see more patients and increase access to other services



Keeping it Sexually Safer Peer Health Educators

Moving the Needle at Fresno State!

- ✓ Increase in the % of sexually active students using contraceptives*
- ✓ Decrease in the % of students who experienced or caused unintentional pregnancies*
- ✓ Decrease in the % of students using Emergency Contraception*

*ACHA-NCHA 2016 and 2018 Surveys

Fresno State as compared to other colleges:

We trail other universities when it comes to...

- **Regular Use of Birth Control by Sexually Active Students**

Fresno State – 45%

Other Universities – 54%

- **Prevention of Unintended Pregnancies**

Fresno State – 1.8%

Other Universities – 1.2%

- **Reliance on Emergency Contraceptives**

Fresno State – 20%

Other Universities – 15%

Source: ACHA-NCHA Survey of 1,492 randomly selected Fresno State students (Spring, 2018)