

MentorU



MentorU is a transitional program serving first-year students with their academic and professional endeavors at Fresno State. In partnership with University 1, first-year students are paired with a peer mentor both in and out of the classroom. The mentoring relationship helps foster a sense of belonging through workshops, social activities, and mentorship meetings.

What MentorU offers:

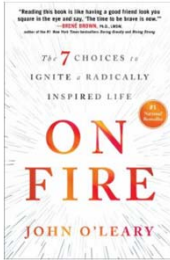
- **10-12 Workshops per semester** with campus partners including the Money Management Center, Financial Aid, Career Development Center, and the Learning Center
- **Common Read Program:** Each student receives a professional development book such as Clifton Strengths for Students and a supplemental read with peer lead workshops to discuss the selected books throughout the semester
- Participation in the **EDGE Challenge Ropes Course** in the Fall semester
- **1:1 meetings w/peer mentor** and weekly e-mails including upcoming workshops and campus happenings
- **An Experiential Learning Trip** (Students pictured at the California Academy of Sciences below)

Each student discovers their Top 5 Strengths!



Each workshop evaluation had a score of 4.57/5 or higher!

242 students attended workshops in Fall 2018!



What MentorU students are saying:

"MentorU was a very useful resource during my first semester of college. It taught me the "norms" in college that would have taken me years to learn myself."

"Having a Peer Mentor within University 1 was so helpful my first semester. I appreciated the guidance that she gave and it really helped me feel comfortable my first year of college."

What our Peer Mentors say:

"I am really glad that I decided to become a Peer Mentor. Being able to give back to my campus community and my peers has helped me leave my mark at Fresno State."

