Permission Slips

What do you need to give yourself permission to do, feel or not do in order to show up during this crisis?
It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better.

The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood … who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly…”

The Man in the Arena, Theodore Roosevelt
Which of these do you experience in your department?

- Tough Conversations
- Fears and Feelings
- Corroding Trust
- Stuck in Setbacks
- Lack of Innovation
- Problem Solving/Action Bias
- Inclusivity, Diversity + Equity
- Shame and Blame
- Gauzy Values
- Perfectionism
RUMBLING with Vulnerability
LIVING into Our Values
BRAVING Trust
LEARNING to Rise

the four skill sets of courage
CHAT:
What are some of the leadership challenges you have faced in past 60 days?

SKILL SET #1
Rumbling with Vulnerability

EMBRACE THE SUCK.
Rumbling with Vulnerability
SKILL SET #2

Living into our Values

NO CAT POSTERS.
SKILL SET #3

Braving Trust

CLEAR IS KIND. UNCLEAR IS UNKIND.
BRAVING

Boundaries
Reliability
Accountability
Vault
Integrity
Non Judgment
Generosity
SKILL SET #4

Learning to Rise

CHECK THE CONSPIRACIES AND CONFabULATIONS.
RUMBLING with Vulnerability  Group 1
LIVING into Our Values  Group 2
BRAVING Trust  Group 3
LEARNING to Rise  Group 4

Break out Rooms: explore how this skillset is needed during the COVID Crisis

the four skill sets of courage
What is one thing you will do to be a more Daring Leader?
(or one take away today’s call?)
More information and Resources:

• Purchase and read *Dare to Lead* – join our virtual book club coming in May!
• Visit: Daretolead.brenebrown.com
• Complete *Daring Leadership Assessment*
• Ted Talk: *Brene Brown, The Power of Vulnerability*
• Brené Brown: The Call to Courage available on Netflix
• Listen to Unlocking Us Podcast
• Watch for Dare to Lead on campus

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